

Mindfulness Summer Pinwheel



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You will need:

- Crayons, coloured pencils or pens
- Scissors
- Drawing pin
- Wooden dowel
- Sticky tack

What to do:

1. First, colour the pictures on the paper sails of the pinwheel.
2. Carefully, cut out the pinwheel sails.
3. Next, colour the back of the pinwheel sails.
4. Then, fold the tips of the pinwheel sails that have small circles on towards the large circle middle.
5. Secure the sails together with a drawing pin and carefully push into the wooden dowel.
6. If needed, use some sticky tack on the end of the pin to secure the sails onto the dowel and cover the point end of the pin.
7. Place outside and watch the sails spin!